Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran
Forecast valid from 06:00 on Sunday 07 May 2023 until 23:59 on Monday 08 May 2023

Forecast Issued on Sunday 07 May 2023 at 01:47 by Met Office Aberdeen

Confidence: High for unsettled conditions continuing until Monday, followed by drier conditions from Tuesday. Lower confidence for rainfall detail.

Headline for Sunday 07 May 2023: Mostly dry with sunny spells, a few afternoon showers.

Mountain weather hazards on Sunday 07 May 2023

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
No Likelihood

Severe chill effect
No Likelihood

Poor visibility
Low Likelihood

Thunderstorms
No Likelihood

Heavy persistent rain
No Likelihood

Strong sunlight
Medium Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Cloudy	Cloudy	Sunny intervals	Sunny intervals	Dull	Heavy Rain
Precipitation probability					
10%	<05%	20%	20%	10%	10%

Forecast for Sunday 07 May 2023

Weather: Most places will stay dry, some afternoon showers will build across northern and eastern ranges. Overcast skies and outbreaks of rain spread to western coasts later.

Chance of cloud-free hill tops above 800m: 70%

Low Cloud and visibility: Patchy cloud to 300-600m at first, mostly across southern Argyll and the Trossachs otherwise patchy cloud 800-1000m.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Sunday 07 May 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	17/21 SE	16/22 S	18/24 S	19/26 SW	23/31 S	29/38 SE	34/45 SE
900	13/17 SE	12/16 S	14/20 S	15/22 S	18/25 S	21/29 SE	24/34 SE
600	7/8 S	11/15 S	16/21 S	15/22 SW	19/26 S	29/37 S	31/41 SE
300	12/18 SE	8/12 S	11/17 SW	11/16 SW	11/18 S	14/23 S	16/26 SE
Glen	6/12 S	6/11 S	10/18 SW	10/17 SW	7/15 S	8/19 S	9/22 S

Height (m)	Temperature / Feels Like (°C)						
1300	3/-2	4/-1	5/1	7/3	7/2	4/-2	4/-3
900	5/1	7/4	9/6	10/8	10/7	7/3	7/2
600	9/8	10/7	12/9	12/10	12/9	11/7	10/6
300	10/8	12/11	14/12	14/12	15/13	12/10	12/9
Glen	12/12	15/14	16/14	17/15	16/15	14/13	14/12
Freezing Level*	1800m	1800m	2000m	2000m	2000m	2200m	2300m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Nothing to add.

Forecast for Monday 08 May 2023
Weather: Overcast skies hill fog and outbreaks of rain spread east by early morning with heavy falls at times. Then the rest of the day will be mostly cloudy with occasional rain or drizzle.

Maximum wind: South or southwest 30-35mph gust 45 mph.

Chance of cloud-free hill tops above 800m: 20%

Low Cloud and visibility: Extensive cloud 300-500m. Visibility falls poor in rain.

Temperature: **Glens:** Plus 5 Celsius to plus 15 Celsius
At 800m: Plus 8 Celsius
Freezing level: Above summits

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